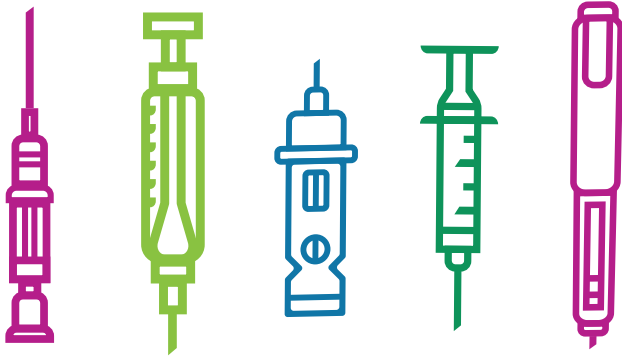
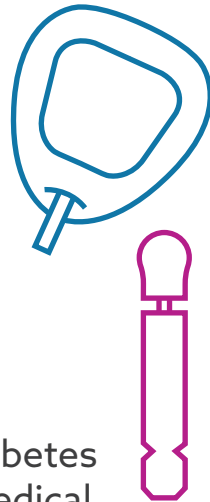


# Managing Diabetes at Home and on the Go



Sharps disposal rules may differ by state. Visit [SafetyIsThePoint.org](http://SafetyIsThePoint.org) to find local regulations no matter where you live, work, or travel.



Millions of people with diabetes use household sharps—medical devices with sharp points or edges like lancets, syringes, and auto-injectors—to manage their condition. No matter which type of sharp is used, they must be disposed of properly and safely.

## How do I dispose of used sharps?

In most states, the easiest method to dispose of them is in the regular household trash. Simple as 1-2-3.

- 1** Place used household sharps in a strong plastic container like a laundry detergent or bleach bottle.
- 2** When container is 75% full, seal it tightly with duct tape and label it "DO NOT RECYCLE."
- 3** Place the container in the regular household trash.

Visit [SafetyIsThePoint.org](http://SafetyIsThePoint.org) for additional information and disposal options in your area.



**Household sharps that are not safely disposed may cause injury.**